

2019-2020 YOUTH DEVELOPMENT & COMPETITIVE PROGRAMS

U-8 (age 7): A beginner level program for 7 year olds. Skiers must be able to confidently ski the mountain and ride the chairlift without adult help. Playful and fun. Ski poles will be introduced during the program.

5 day Winter Vacation	Dec 27-31, 8:30-11am Race Development Camp	Cost: \$150
Mid-Winter	Jan 4 – Feb 29 (7 weeks of training) Wed 4-6pm, Saturday 8:30-11am (no program Feb vacation week)	Cost: \$360
February Vacation Week	Feb 18-21, 8:30-11am Race Development Camp	Cost: \$150

U-10 (ages 8-9): This program is aimed at learning the fundamentals to be able to tear it up all over the mountain. It's about having lots of fun, making new friends, improving skills, exploring the entire mountain, and learning the basics of racing. Basic USSA Skills Quest drills will be introduced.

5 day Winter Vacation	Dec 27-31, 8:30-11am Race Development Camp	Cost: \$150
Mid-Winter	Jan 4 – Feb 29 (7 weeks of training) Wed 4-6pm, Saturday 8:30-11am (no program Feb vacation week)	Cost: \$360
February Vacation Week	Feb 18-21, 8:30-11am Race Development Camp	Cost: \$150

U-12 (ages 10 & 11): Following the progression developed by the USSA Coaches, this program takes them to the next level! Athletes in this program learn the skills needed to make "carved" turns all over the mountain. Exploring the mountain & challenging the skiers is the goal!

5 day Winter Vacation	Dec 26-30, 8:30-11am Race Development Camp	Cost: \$150
Mid-Winter	Jan 4 – Feb 29 (7 weeks) Wed & Thurs 4-6pm, Saturday 8:30-11am (no program Feb vacation week)	Cost: \$680
February Vacation Week	Feb 18-21, 8:30-11am Race Development Camp	Cost: \$150

U14 (ages 12 -13) Middle School Race Team: This athlete can ski everything: the steeps, the trees, the terrain park, ice, powder and gates. This program is for athletes who have solid skills and want to take them to the next level. While fun is still what it's all about, you will learn more advanced skills and racing tactics. Although not mandatory, athletes in this program are encouraged to participate in local races and to travel to USSA races conducted by MARA.

5 day Winter Vacation	Dec 27-31, 8:30-11am Race Development Camp	Cost: \$150
Mid-Winter	Jan 4 – Feb 29 (7 weeks) Wed & Thurs 4-6pm, Saturday 8:30-11am (no program Feb vacation week)	Cost: \$680
February Vacation Week	Feb 18-21, 8:30-11am Race Development Camp	Cost: \$150

MASTERS – Post High School (no upper age limit): Would you like to learn more about racing, or add competition to your skiing experience? Have you joined a Friday Night Racing Team and really want to go for it this season? Sign up for Team Commitment to work with experienced coaches and join other competitive adults who share a passion for racing.

Coach Thursdays	Jan 8- Feb 12 Wednesdays 6-7:30pm	Cost: \$110
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FREESTYLE PROGRAMS U14 (ages 8 to 13)

Mid-Winter Program	Jan 4 – Feb 29, Wednesdays 4-6pm, Saturdays 8:30-11pm (no program Feb vacation week)	Cost: \$350
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Friday Night Team Racing – Details to be announced

U16-U18 (ages 14 and older): The CSB coaching staff will work to hold informal gate training each Sunday afternoon in January and February. More information to come and all are welcome!

High School Racing Program: Contact the CHRHS Alpine coaches for more information